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Nevada Preventive Health and Health Services Block Grant: 2019-2020 Work Plan

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Chronic Disease Prevention and Health Promotion Section

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Department of Health and Human Services
Division of Public and Behavioral Health



Overview

- **Timeline**

- October 1, 2019 to September 30, 2020

- **Funding Allocation for Nevada**

- \$615,070
 - Healthy Relationships: \$60,382 (Mandated)

- **Seven Objectives**

- CDPHP Infrastructure & Capacity, Community Health Workers, Diabetes, Heart Disease and Stroke, Increase Physical Activity in Adults & Youth, Raising a Healthier Generation, and Healthy Relationship Education



CDPHP Infrastructure & Capacity

- **Goal:** Nevada will have the leadership and infrastructure to implement the Chronic Disease Prevention State Plan.
- **Funded Amount:** \$75,517
- **Anticipated Partners:** CDPHP Section, Carson City Health and Human Services, Elko County Health Board, and other community organizations
- **Activity:** Continued work internally and with community stakeholders to build chronic disease capacity, infrastructure, health improvement planning, and promote Public Health Accreditation



Community Health Workers

- **Goal:** The provision of community and clinical preventive services in Nevada will be institutionalized with better health outcomes, better care, and at lower costs.
- **Funded Amount:** \$65,495
- **Anticipated Partners:** CDPHP CHW Program and Healthy Communities Coalition
- **Activity:** CDPHP Section will work with community stakeholders to create a sustainable CHW Association to build a qualified network of CHWs throughout the State to address barriers to health and increase health equity.



Diabetes

- **Goal:** Improve the quality of health care delivery through health system interventions and clinical community linkages to populations with the highest burdens of diabetes in Nevada
- **Funded Amount:** \$77,477
- **Anticipated Partners:** Southern Nevada Health District
- **Activity:** Continue to increase the number of clinical community linkages relating to diabetes self-management programs through a referral system and increase awareness of diabetes self-management resources.



Heart Disease and Stroke

- **Goal:** To reduce the proportion of persons in the population with hypertension
- **Funded Amount:** \$52,891
- **Anticipated Partners:** DPBH Worksite Wellness Committee; CDPHP Heart and Stroke Prevention Program, LHAs, others as appropriate
- **Activity:** Continue systems development to increase access to clinical community linkages/resources related to heart disease and stroke self-management and/or prevention.



Increase Physical Activity in Adults and Youth

- **Goal:** Increase and promote opportunities for adults and youth to engage in physical activity work and in their communities.
- **Funded Amount:** \$116,580
- **Anticipated Partners:** CDPHP Obesity Prevention Program; Washoe County Health District; others as appropriate
- **Activity:** CDPHP Obesity Program efforts will continue statewide to increase PA among adults and youth. CDPHP Worksite Wellness Program will increase physical activity engagement at DPBH. WCHD plans include policy, systems and environmental changes to increase physical activity.



Raising a Healthier Generation

- **Goal:** Increase the adoption of national standards pertaining to nutrition, physical activity, and breastfeeding practices in Early Care and Education (ECE) settings and other community-based settings as appropriate, as a means to decrease childhood obesity
- **Funded Amount:** \$119,797
- **Anticipated Partners:** CDPHP Obesity Prevention Program; Children's Advocacy Alliance, ECE Workgroup, Nevada Child Care Licensing
- **Activity:** CDPHP Obesity Program efforts will continue statewide toward prevention and reduction of childhood obesity. CDPHP will continue its partnerships to provide assistance implementing the revised Nevada Administrative Code (NAC) for ECE settings and work to implement the Early Childhood Obesity Prevention Strategic Plan.



Healthy Relationship Education

- **Goal:** Provide workshops for professionals and peer leaders, working with teens and young adults, on healthy relationship education and identifying signs of relationship abuse.
- **Funded Amount:** \$60,382
- **Anticipated Partners:** The Rape Prevention and Education Program (DPBH), Nevada Coalition to End Domestic and Sexual Violence (NCEDSV)
- **Activity:** Provide educational workshops for professionals and advocates serving youth and young adults in Nevada; provide educational workshops for professionals working with youth and young adults with disabilities.



Thank you!

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